



Background

Origin

The sunflower plant originated from South Africa, where it was worshipped by the Aztecs as a representation of the sun.

Characteristics

Sunflower Oil is light in taste and appearance, and is essentially odourless.

Extract method

This oil is extracted through cold pressing.

Application & Use

- Soaps
- Cosmetics
- Therapeutic uses
- Culinary – as cooking oil

Sunflower Oil

Helianthus Annuus Seed Oil

Grades: Additive Free RDW/HO Organic/HO RDW/Organic RDW/Organic CP/CP

Pack Size: 5kg/25kg/200kg/920kg

Sunflower Oil has been used by the indigenous population of America to help with rheumatism. However, in Russia the leaves and flowers were used to treat chest problems such as bronchitis, coughs and malaria. The dried leaves have also been smoked as tobacco.

Benefits

Sunflower Oil is recommended to be used for all kinds of skin care products, and can be used for all skin types, even oily skin.

Sunflower Oil is said to spread well and absorb relatively quickly without leaving a sticky feeling, which makes it an excellent oil to add to skin and massage oil blends. The high content of Vitamin F is said to make it an excellent ingredient in uplifting oil blends for the skin and body. Adding Sunflower Oil to creams and lotions is said to make them lighter and dryer.

Sunflower Oil is used in hair care products and claims to treat seborrhoea and structurally damaged hair.



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