



Characteristics

Evening Primrose Oil has a much broader spectrum of colours than many other plant-based oils. Most Evening Primrose Oil is pale to golden yellow, but can be found in shades of green, depending on the extraction and refinement methods used. Unrefined Evening Primrose Oil tends to have a stronger and more distinctive aroma. The refining process returns the oil to a more gentle and sweet aroma.

Application & Use

Evening Primrose Oil's numerous natural benefits give it a wide array of practical applications:

- Facial moisturisers and toners
- Shampoos, conditioners
- Hand creams and body lotions
- Anti-ageing formulations
- Acne and skin treatment products
- Supplements

Evening Primrose Oil

Oenothera Biennis Seed Oil

Grades: Organic CP, Refined

Pack Size: 5kg/25kg/200kg/IBC

Background

The Evening Primrose plant is native to warm North American regions and has become naturalised elsewhere in more temperate climates across the Southern hemisphere. The plant is noted for its vivid yellow flowers. The oil is extracted from the seeds of the plant through cold pressing, retaining many of its natural nutrients and qualities.

Origin

Early Native Americans used the Evening Primrose plant in infusions and pastes as an early herbal medicine, where it was used to treat several skin conditions, as well as injuries. Among its many names, the plant is also known historically as 'King's Cure-All' due to the belief the natural medicinal qualities in its seeds, flowers and leaves were fit for royalty.

The oil is also known to be an early component of traditional Chinese medicine, in which it was used in therapeutic treatments to improve circulation and inflammation.

Benefits

Evening Primrose Oil, often abbreviated to EPO, is a popular ingredient in personal care formulations, bringing an abundance of authentic, natural benefits to hair and skin care products.

The secret lies in its chemical structure. The oil is rich in fatty acids such as linoleic and gamma-linolenic acid, which are involved in the body's production of prostaglandins, a hormone-like substance associated with the protection and repair of body tissue. Evening Primrose oil has a broad spectrum of uses but is perhaps most well-known for its use in skincare and anti-ageing creams.

Through its nutritional content, Evening Primrose Oil is thought to help soothe the symptoms of common skin complaints, such as acne, eczema and inflammation. Studies have also indicated that Evening Primrose Oil could improve the quality and condition of the skin, including its elasticity, moisture, firmness and resistance to fatigue.

The oil has found considerable use in supplement form, where it has been studied for its effect on nerve pain and the symptoms of osteoporosis.

Extract method

The seeds of the Evening Primrose plant are dried after harvesting. Evening Primrose Oil can be extracted by mechanical pressing, solvent extraction or a combination of both.

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